



Questions to ask your GP:

What are the birthing options available in my area?
Can I change my mind about the type of birth I want? If so, when is the latest stage I can do so?
Who will look after me at each stage of my pregnancy, labour and after the birth?
What happens if my obstetrician/ GP obstetrician/ midwife is not on duty when I go into labour?
What will happen if a complication occurs with me or my baby?
If I have special religious or cultural needs, will these be respected?
What is the most it will cost me?

Questions to ask your Obstetrician:

How many pregnant women have you looked after?
What is your rate of inducing labour?
What is your rate of forceps or vacuum extractions?
What is your rate of caesarean?
Will you be able to deliver my baby?
How can I contact you when my contractions begin or in an emergency?
Who can be with me at the birth?
Will you still look after me if there are any complications?
Will you respect my cultural and religious beliefs?
What is the most I can expect to pay?